

# International Women's Day 2025

Thursday, 06.03.2025 17.00h-19.00h, followed by a Get-together

Medical University Innsbruck, Audimax, Fritz-Pregl-Street 3, 6020 Innsbruck, Austria







## Frauengesundheit und Gender Health Gap: Gesundheit geht uns alle an, wieso sich auch Männer für die Gesundheit von Frauen interessieren sollten

## Women's Health and Gender Health Gap: Health concerns us all, why men should also be interested in women's health

There are inequalities in healthcare in Europe and worldwide: Women are admitted to the emergency room later for heart attacks and are underrepresented in drug trials. This leads to more side effects in women and poorer health outcomes. There are sex and gender differences in the incidence, prevalence, pathogenesis, diagnosis and treatment of diseases: For example, depression is more common in women, as are dementia, stroke and autoimmune diseases. Women have a lower pension than men, in Austria this gender pension gap amounts to 42.1%, leading to a limited access to healthcare, especially for older women. In this event, we will discuss women's health issues at European, national and local level. What measures are needed to improve women's health? What is being done at the European level? How can research, education and inclusive digitalization contribute to an improvement?

### 17.00h Begrüßung / Welcoming Remarks (in German)

Prof. Wolfgang Fleischhacker

President, Medical University Innsbruck, Austria

## 17.05h Impulse Statement (in German)

## Cornelia Hagele, MA, PhD

Provincial Councillor for Health, Care, Education, Science and Research, Province of Tyrol, Innsbruck, Austria

# 17.20h Keynote: Menopause - Why it matters for Women's Health (in English)

#### Prof. Bettina Toth

Director, University Clinic for Gynecological Endocrinology and Reproductive Medicine, Medical University Innsbruck, Austria

# 17.40h Panel Discussion: Women's Health and Gender Health Gap (in English)

### Peggy Maguire

Director General, European Institute for Women's Health, Dublin, Ireland

#### Prof. Lukas Kerschbaumer

Department Nonprofit, Social & Health Care Management, Center for Social & Health Innovation, MCI International University of Applied Sciences, Innsbruck, Austria

### Ass. Prof. Michaela Quast-Neulinger, MA

Institute for Systematic Theology, Faculty of Catholic Theology, University of Innsbruck, Austria

## Alexandra Ciresa-König

Managing Senior Physician, University Clinic for Gynecology and Obstetrics, Medical University Innsbruck, Austria

### Prof. Barbara Sperner-Unterweger

Director (ret.), University Hospital of Psychiatry II (Mental and Psychosomatic Disorders), outpatient clinic for psychosocial aspects of women's health, Medical University Innsbruck Austria

## Moderation: Prof. Sabine Ludwig, MSc, MA

Professor for Diversity in Medicine, Director, Institute for Diversity in Medicine, Medical University Innsbruck, Austria

### 19.00h Get-together

**Venue:** Foyer Audimax, Medical University Innsbruck, Fritz-Pregl-Street 3, 6020 Innsbruck, Austria

The event will be broadcast via livestream and interpreted into Austrian sign language. Access to the event is barrier-free.

If you participate in person, please register under the following link: https://events.i-med.ac.at/register/19

For online participation no registration is necessary.

QR Code / Link for online participation:



The event is organized by the Institute for Diversity in Medicine at the Medical University Innsbruck, Austria in cooperation with the Austrian Public Health Association in the framework of its 30th anniversary and Women in Global Health Austria.

Link to the ring lecture organized by the Institute for Diversity in Medicine, Medical University Innsbruck: https://i-med.ac.at/diversitaet/ringvorlesung/